



Greg Aplin MP
Member for Albury

MEDIA RELEASE

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ALBURY'S SENIOR AUTHORS IN NEW BOOK

Member for Albury, Greg Aplin, today introduced a book of short stories, *Seniors' Stories Volume 3*, which includes stories written by two local authors, Hazel Cook and Jan Hunter.

Mr Aplin said building wooden Porsches, meeting the Pope, looking after injured wildlife, boating through Papua New Guinea jungle, finding and losing love, manning fishing trawlers in a storm, life at age 101, and humorous moments with modern technology were but a handful of stories now available at our local libraries.

"This book will transport you into the lives of our brilliant seniors, offer inspiration, comedic relief, and perhaps even comfort as they bare all and share their real-life experiences," Mr Aplin said.

The chapters of the book correlate with the five priorities of the NSW Government's Ageing Strategy 2016-2020: health and wellbeing, working and retiring, housing choices, getting around and inclusive communities.

"This book will not only make you laugh and cry, it will inspire, help build greater connections between young and old in our communities, and encourage older people to stay healthy and socially connected," Mr Aplin said.

The highly anticipated non-fiction publication, bursting with 100 original stories, was launched by Minister for Ageing Tanya Davies at Parliament House.

"These seniors' stories are truly extraordinary and we can all learn from the incredible tales of achievement, loss, creativity and connection," Mrs Davies said.

"The NSW Government is delighted to be able to recognise the talents of seniors in this book. I encourage everyone to download a copy or find it in your nearest library, you will not be disappointed."

The NSW Government's *Seniors' Stories Volume 3* became available at all local libraries across NSW from Wednesday, 18 October 2017, or a copy can be downloaded from www.seniorcard.nsw.gov.au.

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Seniors' Stories Volume 3

A Retirement Problem, by **Hazel Cook**, ponders the question: "Now what do I do?", once you have retired. Hazel found joy looking after native animals. Her volunteer work has led to diverse outcomes, from building an aviary to storing rats, mealworms, yabbies and grubs in the freezer. The author takes us inside the daily reality of looking after an injured squirrel glider and the two joeys in her pouch.

There and Back in PNG, by **Jan Hunter**, follows the author on her 1974 travels by Cessna and motor launch into the jungle of PNG, chugging upstream to visit a traditional longhouse and community. It is an evocative story filled with intriguing characters and scenes passing by.