



**Tanya Davies**  
Minister for Ageing

## MEDIA RELEASE

Wednesday, 14 March 2018

### **NSW GOVERNMENT STRATEGY DRIVES HEALTHY AND CREATIVE AGEING**

More innovative and evidence based projects that will be implemented to improve the lives of older people in NSW, have today been released as part of the *NSW Ageing Strategy 2016-2020 Year Two Action Plan*.

Minister for Ageing Tanya Davies launched the *Year Two Action Plan* along with the *Year One Progress Report*, which outlines achievements so far of the NSW Government's *Ageing Strategy*.

"Since introducing the Strategy in 2016, we have made real progress towards our vision to offer more opportunities for older people to participate in our communities," Mrs Davies said.

"The NSW Government has built strong partnerships with businesses and organisations that foster inclusion and support older people to lead happy, healthy lives, and the *Year Two Action Plan* will help us to continue this work."

Mrs Davies released the reports at the official opening of the 2018 Art of Ageing exhibition, held today at NSW Parliament, before the photography exhibition tours the state.

Art of Ageing is one of 55 projects in the Year Two Action Plan and aims to combat negative perceptions of ageing and older people.

"Misconceptions about the lives of older people are prevalent in our community but the experience of ageing is unique. Many older people are artists, athletes, business owners, farmers and volunteers, and this Exhibition challenges people's perceptions," Mrs Davies said.

Targets under the *Year Two Action Plan* include an expansion of the modified sports program *Getting Active*, developing strategies to recruit older workers in the NSW public service.

The *Year One Progress Report* outlined achievements from targeted programs such as 4,600 seniors completing the *Stepping On* program to reduce their risk of falls and around 20,000 seniors improved their technology skills through the *Tech Savvy Seniors* program.

The *Year One Progress Report* and *Year Two Action Plan* can be viewed online [here](#). The 2018 Art of Ageing exhibition artworks, stories and photographer biographies can be viewed online [here](#).

**MEDIA: Annabel Hordern | 0437 662 930**